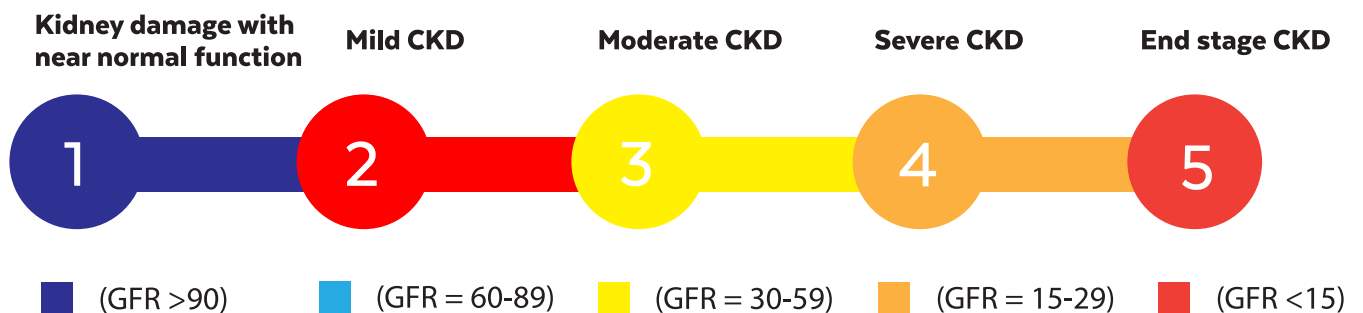


# Chronic Kidney Disease: Identifying Your Stage

There are five stages of chronic kidney disease (CKD). Each stage is associated with a number (GFR) that indicates how your kidneys are functioning. Has your doctor mentioned your CKD stage, GFR, or described your CKD as mild, moderate or severe? See the chart below to determine your stage:

## 5 Stages of CKD



## Estimating Your CKD Stage

### Have you seen or been referred to a nephrologist (kidney doctor)?

If you have, you are likely in one of these stages:



### Has your kidney doctor mentioned when you may need to start dialysis?

Less than one year from now:



More than one year from now:



### How often do you see your kidney doctor?

Monthly:



4 times per year or more:



Less than 4 times per year:



### Do you have an access placed for dialysis treatment or has your kidney doctor mentioned when you will need to get one placed?

If yes to either question:

